BOYS AND GIRLS
TEACHER LESSON

WARM-UP PLAY

Parents and children share picture books.

Parents follow their children’s lead in play.

Staff mingles with parents asking, “What’s new?”

GATHERING AND SETTLING

Parents and staff sing song while helping children to clean up.

Parents and staff sing each child’s name during the song.

HEALTHY SONGS

Parents face children toward them and hug and kiss while singing.

PREVIEW AND CIRCLE TIME

Staff uses props and pictures to prepare children and parents for the playgroup activities.

LITTLE GIRLS/LITTLE BOYS

Tune: Ten Little Indians

Dance, dance, little boys,
Dance, dance, little girls,
Dance, dance boys and girls,
Dance around the room.

Add verses to jump and turn around.

JACK AND JILL

Nursery Rhyme

Jack and Jill went up the hill,
To fetch a pail of water.
Jack fell down, and broke his crown,
And Jill came tumbling after.

Shake maracas while reciting the rhyme.

PARACHUTE PLAY

Group Movement Activity

Parents and children hold edges of parachute. Boys and girls take turns running under the parachute.

Play children’s songs for background music.
CREATIVE PLAY STATIONS
Free play with theme puzzles, playdoh, giant people link and bubbles

Staff briefly describes the play stations that are set up throughout the room. Parents follow their children’s lead as they explore the play stations.

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SEARCH FOR BOYS AND GIRLS
Messy Play
Children and parents play together at a sensory table filled with a variety of dried beans. Children search for toy boys and girls hidden in the beans. Provide spoon for scooping and boxes for houses.

LOOK MA, IT’S ME!
Creative Play
Children decorate boy or girl paper shapes made out of heavy paper. Decorate with fabric scraps dipped in glue. Label with child’s name and send home.

DRESS UP
Communication/Pretend Play
Children play dress up with boys’ and girls’ clothes. Provide a mirror. Identify boys and girls. Name body parts and clothing.

TIME FOR SCHOOL
Active Play
Children combine cars and buses and dolls in play. Children put dolls in cars and buses and push them to a pretend school house.

SNACK TIME
Children, parents, and staff wash hands. Serve snacks individually as the children are seated at the table.

SNACK
Cheese and bread cut outs using boy and girl gingerbread cookie cutters and milk

TRANSITION AND FREE CHOICE PLAY

REGATHERING ACTIVITIES

RING AROUND THE ROSIE
Ring around the rosie, pockets full of posies, Children, children, we all fall down.

OPEN SHUT THEM
Open, shut them, open, shut them, give a little clap, clap, clap.
Open, shut them, open, shut them, put them in your lap, lap, lap.

SHARE A BOOK ABOUT BOYS/GIRLS
Tell the story in simple words. Talk about the pictures and ask questions.

REVIEW

Staff reviews the playgroup activities with the children and individually shares with parents what their children did during the parent education group.

HOME PLAY

GOOD-BYE SONG

Good-bye children, good-bye children, we’re glad you came to play.
Hope you had a happy time, happy time, happy time. Hope you had a happy time, happy time at school.

TEN THINGS EVERY CHILD NEEDS

Interactive Loving Touch Stable Relationship Safety and Health Self Esteem Quality Child Care Communication Play Music Reading

Family Enrichment Program Toddler Curriculum www.fepecho.com