



BLOCKS AND CUPS JANUARY



WAKE UP TIME

Bouncing and Lifting

WHO'S HERE TODAY?

Tune: The Farmer in the Dell

_____ 's here today,
_____ 's here today,
We're so glad that _____ 's here,
Let's all shout, "Hurray!"
"Hurray!"

Name and lift each baby.

SO BIG

How big is _____?
_____ is sooooooo big.

Name each baby and ask
Parent to share what's new.

WHAT'S NEW?

BOUNCY, BOUNCY

*Bouncy, bouncy, we like to bouncy.
Bouncy, bouncy, one, two, three!
Bouncy, bouncy, we like to bouncy,
Bouncy, bouncy, bounce with me!*

Bounce Baby on knee while playing.

PLAY TIME

Peek-a-Boo

BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

MEAL TIME

Clapping

PAT-A-CAKE

*Pat-a-cake, pat-a-cake, Baker's man,
Bake me a cake, as fast as you can.
Roll it, pat it, and mark it with a "B,"
And put it in the oven, for Baby and me.*

Clap and gesture to rhyme.

WHAT'S FOR DINNER

Tune: Frere Jacques

*What's for dinner?
What's for dinner?
Irish stew, Irish stew,
Sloppy semolina, sloppy semolina,
No thank-you, no thank-you.*

Clap Baby's hands to song.



TALKING TIME

Tell Me A Story

LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

BATH TIME

Tickling/Body Parts

ROUND THE GARDEN

*Round and round the garden,
Went the Teddy Bear.
One step, two steps,
Tickle under there.*

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

TICKLE, TICKLE

*Tickle, tickle, tickle where?
Tickle, tickle on your hair,
Tickle, tickle on your toes,
Tickle, tickle on your nose,
Tickle, tickle, tickle cute,
Tickle, in your birthday suit.*

Gently tickle appropriate body parts.

CRISS CROSS APPLESAUCE

*Criss cross applesauce,
A cool breeze,
A tight squeeze,
And a tickle, tickle, tickle,
As you please.*

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

CUDDLING TIME

Lullaby

TWINKLE, TWINKLE

*Twinkle, twinkle little star,
How I wonder what you are?
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle little star,
How I wonder what you are?*