



WINTER

PARENT HANDOUT

SNOWFLAKES FALLING Tune: Mary Had A Little Lamb

*Snowflakes falling from the sky,
From the sky, from the sky.
Snowflakes falling from the sky,
To the earth below.*

Throw small doily or die cut snowflakes in the air.

ONCE THERE WAS A SNOWMAN Action Rhyme

*Once there was a snowman,
Tall, tall, tall.
In the sun he melted,
Small, small, small.*

Shake jingle bells and act out rhyme.

SNOW BALL CATCH Group Movement Activity

Parents and children toss white nylon net “snowballs” back and forth.

Play jazz music in background.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, prism blocks and bubbles

SNOWY FUN Messy Play

Children and parents play together at sensory table filled with snow. Use plastic molds and shovels to explore the snow. Provide child sized mittens to prevent cold fingers.

SNOWSTORM Creative Play

Children draw on dark blue paper with white chalk. Dip white packing peanuts in glue and place on paper. Label with child’s name and take home.


SNOW SHOVELING Communication/Pretend Play

Children and parents pretend to shovel snow. Use child sized snow shovels and nylon net “snowballs.” Model parallel talk using words to describe what the children are doing.

SLEDDING Active Play


Parents pull children down a wedge mat on plastic sleds. Encourage children to say “whee.”

SNACK TIME

 Mini rice cakes spread cream cheese aligned to make a snowman and chocolate milk

HOME PLAY

Praise your child. Hug, kiss, smile, and say, “Well Done!”

 Make snow angels with your child on a snowy day. Child lies down and opens and closes arms and legs in the snow.

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading