

TRAINS AND PLANES

PARENT HANDOUT



CIRCLE TIME

 **IN THE SKY**
Tune: "Mulberry Bush"

*The airplane flies up in the sky
In the sky, in the sky,
The airplane flies up in the sky
And goes behind a cloud.*

Pass out toy airplanes. Sing additional verse, "and goes up high and low."

 **ENGINE, ENGINE, NUMBER NINE**
Rhyme

*Engine, engine, number nine,
Going down Chicago line.
If the train goes off the track,
Will I get my money back?*

Rub sandpaper blocks together to rhyme.

 **FLYING AROUND**
Group Movement Activity

Children fly around the room pretending to be airplanes. Children hold pinwheel propellers as they fly.

Fly to big band background music.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, magnetic blocks, and bubbles

 **UP, UP, AND AWAY**
Messy Play

Children and parents play together at a sensory table filled with white cottonball "clouds." Provide a variety of toy airplanes and box lid landing pads. Add tongs.

 **TICKETS, PLEASE**
Creative Play

Children use dot painters and stamp on construction paper "train tickets." Label with child's name and take home.


 **CHOO CHOO FUN**
Communication/ Pretend Play

Children and parents connect toy train tracks. Children move trains along tracks. Use the words "short," "long," "stop," and "go."

 **PACKING TO GO**
Active Play

Parents and children fill duffel bags with clothing and load into a wagon luggage cart.

SNACK TIME

 Vanilla pudding "cloud" with airplane shaped cookie and milk

HOME PLAY

Praise your child. Hug, kiss, smile, and say, "You're on Track!"

 Take your child on a train ride.

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading