



TEDDY BEARS

PARENT HANDOUT

CIRCLE TIME

THIS IS THE WAY I HUG MY BEAR

Tune: The Mulberry Bush

*This is the way I hug my bear,
Hug my bear, hug my bear.
This is the way I hug my bear,
So early in the morning.*

Pass out teddy bears. Add verses to kiss, feed, and rock the bears.

TEDDY BEAR, TEDDY BEAR

Action Rhyme

*Teddy bear, teddy bear, turn around.
Teddy bear, teddy bear, touch the ground.
Teddy bear, teddy bear, clap your hands.
Teddy bear, teddy bear, march in the band.
Teddy bear, teddy bear, lean to the right.
Teddy bear, teddy bear, jump with all your might.*

Perform the actions while shaking a bell.

BOUNCING BEARS

Group Movement Activity

*Parent/child pairs bounce
a bear on a small blanket.*

Pass out bears and blankets to parent/child pairs. Play campfire background music.

CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, bristle blocks and bubbles

PEEK A BOO BEARS

Messy Play

Children and parents play together at a sensory table filled with uncooked rice. Hide assorted colored plastic bears in the rice. Add funnels and muffin tins for in and out play.

SPONGE BEARS

Creative Play

Children sponge paint on paper using bear shaped sponges dipped brown in paint. Label with child's names and take home.

THE THREE BEARS

Language/Pretend Play

Children and parents role-play the story of The Three Bears. Talk about "big," "little," "hot," "cold," "hard," and "soft" as the children play with bears and multi-sized props.

BEARS IN A CAVE


Active Play

Children carry bears and crawl into "cave" tent. Provide flashlights for children and parents.

SNACK TIME

 Assorted teddy graham crackers and milk

HOME PLAY

 Give your child a teddy bear to love. Provide props so that your child can feed, dress, and put the bear to sleep.

Praise your child. Hug, kiss, smile, and say, "Wow!"

TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading