



# SUMMER PARENT HANDOUT

## CIRCLE TIME

### **YOU ARE MY SUNSHINE** Tune: Traditional

*You are my sunshine, my only sunshine.  
You make me happy when skies are gray.  
You'll never know dear, how much I love you.  
Please don't take my sunshine away.*

Pass out child sized sunglasses to children.

### **SAND, SAND** Rhythmic Chant

*Sand, sand on my nose,  
Sand, sand on my toes,  
Sand, sand in my hair,  
Sand, sand everywhere!*

Shake plastic bottle filled with sand and seashells to rhyme.

### **BEACH BALL BOUNCE** Group Movement Activity

Children and parents bounce colorful beach balls in a parachute. Keep parachute low to the floor so children can see the bouncing balls.

Play Beach Boys background music.

## CREATIVE PLAY STATIONS

Free play with puzzles, playdoh, water blocks and bubbles

### **SAND BOX FUN** Messy Play

Children and parents play together at a sensory table filled with sand, buckets, shovels, and rakes. Children engage in fill and dump play.

### **SIDEWALK SCRIBBLE** Creative Play

Children scribble on black construction paper with chalk. Use white and colored chalk in regular and sidewalk sizes. Label with child's name and take home.

### **PICNIC TIME** Language/Pretend Play

Children and parents go on a pretend picnic with a picnic basket and picnic play foods. Label food items.

### **BUBBLES GALORE** Active Play

Parents blow bubbles for children to pop. Provide a variety of types of bubble blowing wands. Encourage children to reach high and low and to jump on the bubbles.

## SNACK TIME

Peach "sun" with shredded carrot "rays" and water bottles

## HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "Awesome!"**

Catch fireflies together with your child. Watch them glow then set them free.

## TEN THINGS EVERY CHILD NEEDS

- Interaction
- Loving Touch
- Stable Relationship
- Safety and Health
- Self Esteem
- Quality Child Care
- Communication
- Play
- Music
- Reading