



SUMMER PARENT HANDOUT

CIRCLE TIME

YOU ARE MY SUNSHINE Tune: Traditional

*You are my sunshine, my only sunshine.
You make me happy when skies are gray.
You'll never know dear, how much I love you.
Please don't take my sunshine away.*

Pass out child sized sunglasses to children.

SAND, SAND Rhythmic Chant

*Sand, sand on my nose,
Sand, sand on my toes,
Sand, sand in my hair,
Sand, sand everywhere!*

Shake plastic bottle filled with sand and seashells to rhyme.

BEACH BALL BOUNCE Group Movement Activity

Children and parents bounce colorful beach balls in a parachute. Keep parachute low to the floor so children can see the bouncing balls.

Play Beach Boys background music.

CREATIVE PLAY STATIONS

Free play with puzzles, playdoh, water blocks and bubbles

SAND BOX FUN Messy Play

Children and parents play together at a sensory table filled with sand, buckets, shovels, and rakes. Children engage in fill and dump play.

SIDEWALK SCRIBBLE Creative Play

Children scribble on black construction paper with chalk. Use white and colored chalk in regular and sidewalk sizes. Label with child's name and take home.

PICNIC TIME Language/Pretend Play

Children and parents go on a pretend picnic with a picnic basket and picnic play foods. Label food items.

BUBBLES GALORE Active Play

Parents blow bubbles for children to pop. Provide a variety of types of bubble blowing wands. Encourage children to reach high and low and to jump on the bubbles.

SNACK TIME

Peach "sun" with shredded carrot "rays" and water bottles

HOME PLAY

Praise your child. Hug, kiss, smile, and say, "Awesome!"

Catch fireflies together with your child. Watch them glow then set them free.

TEN THINGS EVERY CHILD NEEDS

Interaction Loving Touch Stable Relationship Safety and Health Self Esteem Quality Child Care Communication Play Music Reading