



FUN WITH FRIENDS

GROCERY SHOPPING



Call a friend and plan to come to school together.

Friend's Name _____

Telephone Number _____



Plan to meet a friend at the library.

Look for books about foods. Ask your children to point to pictures of foods that they like and do not like. Check out books to read later at home.



Go on a neighborhood adventure with a friend.

Go for a walk together. Carry brown grocery bags with handles and pick up treasures on your walk.



Invite a friend over to your house.

Set up a pretend store in your living room. Play store together with your children.



Plan a community outing with a friend.

Go to a grocery store together that has children's grocery carts. Help your children push the children's grocery carts as you gather items for a shared lunch.



Work with a friend to make the world a better place to live.

Recycle bags you get from the grocery store. Involve your children so they learn about the importance of recycling.