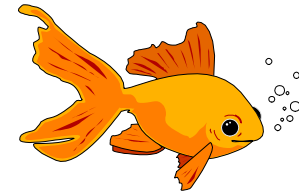


# FISH PARENT HANDOUT



## CIRCLE TIME

### FISH, FISH

Tune: Skip To My Lou

*Fish, fish, swim up high.  
Fish, fish, swim down low.  
Fish, fish, swim so fast,  
Fish, fish, swim so slow.*

Pass out to children sealed water bottle shakers filled with blue water and plastic fish.

### STARFISH Counting Rhyme

*I'm a starfish in the sea.  
Take a closer look at me.  
Count my legs before I dive,  
One, two, three, four, five.*

Pass out star shaped tambourines.  
Count the points on the star.

### SURF'S UP Group Movement Activity

Children swim in parachute "sea" with toy fish. Parents shake parachute on the floor to create "waves."

Play seascape music.

## CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, fish builder blocks and bubbles

### CATCH OF THE DAY Messy Play

Children and parents play together at a sensory table filled with water and assorted sizes, shapes, and colors of fish. Add fish nets and buckets for in and out play.

### RAINBOW FISH Creative Play

Children sponge paint fish with glitter paint in rainbow colors on fish bowl shaped paper. Sprinkle glitter on wet paint. Label with child's name and take home.

### AQUARIUM VISIT Communication/Pretend Play

Children and parents scoop up toy fish from an aquarium using a net. Use the words "empty" and "full." Play along side a real fish in a fish bowl.

### GOING FISHING Problem Solving Play


Children pretend to go fishing in a plastic wading pool. Children use toy fishing poles to catch toy fish. Provide wading boots. Talk about the sequence of catching fish.

## SNACK TIME

 Blue jello with goldfish crackers and water

## HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "Great!"**

 Put ice cubes in a dishpan. Pretend that the ice cubes are fish and help your child to catch them.

## TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safely and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading