



# FIREFIGHTERS

## PARENT HANDOUT



### CIRCLE TIME

 **I AM A FIREFIGHTER**  
Tune: I'm A Little Teapot

*I am a firefighter, dressed in red,  
With my fire hat on my head.  
I can fight fires with my hose.  
Put out the fire, swish it goes.*

Gesture while singing. Use fire hats and pretend hoses.

 **FIVE FIREFIGHTERS**  
Counting Rhyme

*Five brave firefighters  
Standing in a row  
Climb up the ladder  
Out the fire goes!*

Clang cymbals to rhyme.

 **WATER BRIGADE**  
Group Movement Activity

Children carry plastic buckets around the room. Children fill buckets with blue balls and dump them into a large container.

Play Disco background music.

### CREATIVE PLAY STATIONS

Free play with theme puzzles, playdoh, plastic pipe connectors and bubbles

 **WATER TABLE FUN**  
Messy Play

Children and parents play together at a sensory table filled with water. Add plastic tubing, cups, and funnels for the children to dump and pour. Encourage trial and error problem solving.

 **COLORFUL FLAMES**  
Creative Play

Children squeeze red and yellow food coloring onto coffee filters. Children spray filters with squeeze spray bottles. Label with children's names and take home.


 **PUTTING OUT THE FIRE**  
Language/Pretend Play

Children and parents play with toy fire trucks and drive them to playhouses. Pretend to put out fires. Use the words "fast," "slow," and "hot."

 **FIRE DRILL**  
Active Play


Children crawl through a tunnel, pretending to exit from a burning house.

### SNACK TIME

 "Candle" salad made out of a pineapple ring, a banana, and a candied cherry and juice

### HOME PLAY

**Praise your child. Hug, kiss, smile, and say, "Outstanding!"**

 Change the battery in your smoke detector with your child. Push the button to make it beep.

### TEN THINGS EVERY CHILD NEEDS

 Interaction  Loving Touch  Stable Relationship  Safety and Health  Self Esteem  Quality Child Care  Communication  Play  Music  Reading