STUFFED ANIMALS

ADULT HEALTH

OVERVIEW OF WELLNESS

Objective: Parents will understand the importance of self-care.

Agenda:

1. Briefly review adult health care.
2. Briefly discuss women's health concerns.
3. Assure parents that wellness care is available to everyone. Make appropriate referrals.

BIRTH CONTROL

Objective: Parents will understand the various methods of birth control.

Agenda:

1. Demonstrate and discuss various birth control techniques.
2. Discuss pro and cons of each technique.
3. Answer questions and make appropriate referrals. Distribute condoms.

ANNUAL GYNECOLOGY VISITS

Objective: Parents will gain awareness of the reasons for various tests.

Agenda:

1. Discuss tests performed at each gynecological visit.
2. Help in interpreting the results of each test.
3. Discuss appropriate follow up and medical compliance.

SEXUALLY TRANSMITTED DISEASES

Objective: Parents will gain awareness of sexually transmitted disease symptoms and treatment.

Agenda:

1. Discuss signs and symptoms of disease.
2. Discuss appropriate treatment and follow up care.
3. Discuss prevention and distribute condoms.