STUFFED ANIMALS

BABY MASSAGE FACE

FOREHEAD TO MOUTH

1. Place fingerpads of both hands at the middle of Baby's forehead.
2. Move hands out and downward over the cheeks, bringing them back together near the mouth.

EYEBROW TO MOUTH

1. Place fingerpads of both hands at midline, eyebrow-level.
2. Move hands out and downward over the cheeks, bringing them back together near the mouth.

NOSE TO MOUTH

1. Place fingerpads on both sides of the nose.
2. Move hands out and downward over the cheeks, bringing them back together near the mouth.
3. Repeat the series.

SMALL CIRCLES ALL OVER THE BACK OF THE EARS

1. Place fingerpads on the temples, just above the tops of the ears.
2. Move hands over and behind ears. Continue across the cheeks to the mouth.
3. Repeat the series. Try to maintain contact with the Baby's face and head throughout.