

WAKE UP TIME Bouncing and Lifting

WHO'S HERE TODAY? Tune: The Farmer in the Dell

_____'s here today, _____'s here today, We're so glad that _____'s here, Let's all shout, "Hurray!" "Hurray!"

Name and lift each baby.

SO BIG

How big is _____? _____*is soooooo big.*

Name each baby and ask Parent to share what's new.

WHAT'S NEW?

PITTY PATTY POLT

Pitty patty polt, Shoe the wild colt. Here's a nail, There's a nail, Pitty patty polt!

Bounce Baby to rhyme.

PLAY TIME Peek-a-Boo

BUSY TOYS

Play with cause and effect toys. Create a novel action and pause to see if Baby can anticipate. Encourage Baby to make something happen. Play peek-a-boo in response to Baby's action. Help Baby learn that he or she can have an effect in the world.

BUSY TOYS APRIL

MEAL TIME Clapping

PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man, Bake me a cake, as fast as you can. Roll it, pat it, and mark it with a "B," And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

MISTRESS MARY

Mistress Mary quite contrary, How does your garden grow? With silver bells and cockle shells, And pretty maids all in a row.

Clap Baby's hands to nursery rhyme.



TALKING TIME Tell Me A Story

SING AND RHYME

Sing songs to Baby. Recite nursery rhymes. Hum familiar tunes or make up a song. Hold Baby and move to the music. Make music using rattles or household items such as wooden spoons and pots or pans.



BATH TIME Tickling/Body Parts

ROUND THE GARDEN

Round and round the garden, Went the Teddy Bear. One step, two steps, Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

EENSY WEENSY SPIDER

The eensy weensy spider, Went up the waterspout. Down came the rain, And washed the spider out. Up came the sun, And dried up all the rain, And the eensy weensy spider, Went up the spout again.

Walk fingers up and down Baby's body.

CRISS CROSS APPLESAUCE

Criss cross applesauce, A cool breeze, A tight squeeze, And a tickle, tickle, tickle, As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

CUDDLING TIME Lullaby

LULLABY AND GOODNIGHT

Lullaby and goodnight, Sleep is softly around you. While your dreams fill your eyes, With a melody of love. Lay you down now to rest, May your slumber be blessed. Lay you down now to rest, May your slumber be blessed.