



# BLOCKS AND CUPS APRIL



## WAKE UP TIME

Bouncing and Lifting

### WHO'S HERE TODAY?

Tune: The Farmer in the Dell

\_\_\_\_\_ 's here today,  
\_\_\_\_\_ 's here today,  
We're so glad that \_\_\_\_\_ 's here,  
Let's all shout, "Hurray!"  
"Hurray!"

Name and lift each baby.

### SO BIG

How big is \_\_\_\_\_?  
\_\_\_\_\_ is soooooo big.

Name each baby and ask  
Parent to share what's new.

WHAT'S NEW?
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### TROT, TROT, TROT

Trot, trot to London,  
Trot, trot to Dover.  
Look out Baby,  
Or you might fall over.

Bounce and tip Baby to rhyme.

## PLAY TIME

Peek-a-Boo

### BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

## MEAL TIME

Clapping

### PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man,  
Bake me a cake, as fast as you can.  
Roll it, pat it, and mark it with a "B,"  
And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

### IT'S RAINING, IT'S POURING

It's raining, it's pouring,  
The old man is snoring.  
He bumped his head,  
When he went to bed,  
And he couldn't get up  
In the morning.

Clap Baby's hands to rhyme.



## TALKING TIME

Tell Me A Story

### LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

## BATH TIME

Tickling/Body Parts

### ROUND THE GARDEN

Round and round the garden,  
Went the Teddy Bear.  
One step, two steps,  
Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

### UP AND DOWN THE CORN FIELD

Up and down the cornfield,  
Looking for a hare.  
Where can we find one?  
Right up there!

Walk fingers up and down Baby's leg and tickle Baby's neck.

### CRISS CROSS APPLESAUCE

Criss cross applesauce,  
A cool breeze,  
A tight squeeze,  
And a tickle, tickle, tickle,  
As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

## CUDDLING TIME

Lullaby

### TWINKLE, TWINKLE

Twinkle, twinkle little star,  
How I wonder what you are?  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are?