



# BLOCKS AND CUPS MARCH



## WAKE UP TIME

Bouncing and Lifting

### WHO'S HERE TODAY?

Tune: The Farmer in the Dell

\_\_\_\_\_ 's here today,  
\_\_\_\_\_ 's here today,  
We're so glad that \_\_\_\_\_ 's here,  
Let's all shout, "Hurray!"  
"Hurray!"

Name and lift each baby.

### SO BIG

How big is \_\_\_\_\_?  
\_\_\_\_\_ is soooooo big.

Name each baby and ask  
Parent to share what's new.

WHAT'S NEW?
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### THIS IS THE WAY THE LADIES RIDE

This is the way the ladies ride,  
Nim, nim, nim.  
This is the way the gentlemen ride,  
Trim, trim, trim.  
This is the way the farmers ride,  
Trot, trot, trot.  
This is the way the hunters ride,  
Gallop, gallop, gallop.

Vary bouncing with rhyme.

## PLAY TIME

Peek-a-Boo

### BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

## MEAL TIME

Clapping

### PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man,  
Bake me a cake, as fast as you can.  
Roll it, pat it, and mark it with a "B,"  
And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

### CANTY CANTY CUSTARD

Canty, canty Custard,  
Ate a pound of mustard.  
Hurt his tongue and  
Home did run.

Clap Baby's hands to rhyme.

## BATH TIME

Tickling/Body Parts

### ROUND THE GARDEN

Round and round the garden,  
Went the Teddy Bear.  
One step, two steps,  
Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

### CATERPILLAR

"Who's that tickling my back?"  
Said the wall.  
"Me," said the caterpillar,  
"I'm learning to crawl."

Crawl fingers up Baby's back.

### CRISS CROSS APPLESAUCE

Criss cross applesauce  
A cool breeze,  
A tight squeeze,  
And a tickle, tickle, tickle,  
As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.



## TALKING TIME

Tell Me A Story

### LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

## CUDDLING TIME

Lullaby

### TWINKLE, TWINKLE

Twinkle, twinkle little star,  
How I wonder what you are?  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are?