



# BLOCKS AND CUPS FEBRUARY



## WAKE UP TIME

Bouncing and Lifting

### WHO'S HERE TODAY?

Tune: The Farmer in the Dell

\_\_\_\_\_ 's here today,  
\_\_\_\_\_ 's here today,  
We're so glad that \_\_\_\_\_ 's here,  
Let's all shout, "Hurray!"  
"Hurray!"

Name and lift each baby.

### SO BIG

How big is \_\_\_\_\_?  
\_\_\_\_\_ is soooooo big.

Name each baby and ask  
Parent to share what's new.

WHAT'S NEW?

### TROT, TROT TO BOSTON TOWN

Trot, trot to Boston town.  
To get a stick of candy.  
One for me and one for you,  
And one for Dicky Dandy.

Bounce Baby on knee to rhyme.

## PLAY TIME

Peek-a-Boo

### BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

## MEAL TIME

Clapping

### PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man,  
Bake me a cake, as fast as you can.  
Roll it, pat it, and mark it with a "B,"  
And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

### LOVE AND KISSES

One, I love,  
Two, I love,  
Three, I love I say,  
Four, I love with all my heart,  
Five, I kiss today.

Clap Baby's hands to rhyme.



## TALKING TIME

Tell Me A Story

### LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

## BATH TIME

Tickling/Body Parts

### ROUND THE GARDEN

Round and round the garden,  
Went the Teddy Bear.  
One step, two steps,  
Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

### FIVE LITTLE KITTENS

Five little kittens  
All black and white,  
Sleeping soundly  
All through the night.  
Meow, meow, meow, meow,  
It's time to get up now!

Cup Baby's fist and raise each finger to the meows.

### CRISS CROSS APPLESAUCE

Criss cross applesauce,  
A cool breeze,  
A tight squeeze,  
And a tickle, tickle, tickle  
As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

## CUDDLING TIME

Lullaby

### TWINKLE, TWINKLE

Twinkle, twinkle little star,  
How I wonder what you are?  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are?