



BLOCKS AND CUPS DECEMBER



WAKE UP TIME

Bouncing and Lifting

WHO'S HERE TODAY?

Tune: The Farmer in the Dell

_____ 's here today,
_____ 's here today,
We're so glad that _____ 's here,
Let's all shout, "Hurray!"
"Hurray!"

Name and lift each baby.

SO BIG

How big is _____?
_____ is soooooo big.

Name each baby and ask
Parent to share what's new.

WHAT'S NEW?

THE MONKEY AND THE WEASEL

All around the cobbler's bench,
The monkey chased the weasel.
The monkey thought 'twas all in fun.
Pop! goes the weasel.

Hold Baby and turn around. Lift Baby on Pop!

PLAY TIME

Peek-a-Boo

BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

MEAL TIME

Clapping

PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man,
Bake me a cake, as fast as you can.
Roll it, pat it, and mark it with a "B,"
And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

OVER THE MOUNTAIN

The bear went over the mountain.
The bear went over the mountain.
The bear went over the mountain,
To see what he could see.
The other side of the mountain.
The other side of the mountain.
The other side of the mountain,
Was all that he could see.

Clap Baby's hands to rhyme.



TALKING TIME

Tell Me A Story

LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

BATH TIME

Tickling/Body Parts

ROUND THE GARDEN

Round and round the garden,
Went the Teddy Bear.
One step, two steps,
Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

BABY'S FIRE

Baby blow the fire,
Puff, puff, puff.
First you blow it gently,
Then you blow it rough!

Blow on Baby gently, then stronger.

CRISS CROSS APPLESAUCE

Criss cross applesauce,
A cool breeze,
A tight squeeze,
And a tickle, tickle, tickle,
As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

CUDDLING TIME

Lullaby

TWINKLE, TWINKLE

Twinkle, twinkle little star,
How I wonder what you are?
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle little star,
How I wonder what you are?