



# BLOCKS AND CUPS NOVEMBER



## WAKE UP TIME

**Bouncing and Lifting**

### WHO'S HERE TODAY?

Tune: The Farmer in the Dell

\_\_\_\_\_ 's here today,  
\_\_\_\_\_ 's here today,  
We're so glad that \_\_\_\_\_ 's here,  
Let's all shout, "Hurray!"  
"Hurray!"

Name and lift each baby.

### SO BIG

How big is \_\_\_\_\_?  
\_\_\_\_\_ is soooooo big.

Name each baby and ask  
Parent to share what's new.

WHAT'S NEW?
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### DANCE LITTLE BABY

Dance little baby,  
Dance up high.  
Never mind baby,  
Mother is by.  
Up to the ceiling,  
Down to the ground.  
Backward and forward,  
Round and round.

Move Baby to rhyme.

## PLAY TIME

**Peek-a-Boo**

### BLOCKS AND CUPS

Play with blocks and cups. Play with blocks that are different sizes. Blocks can be made of plastic, wood, or fabric. Provide cups to encourage the development of in and out play. Bang the blocks together and bang the blocks on the cups. Pick up the blocks and drop them into the cups. Move the blocks from hand to hand. Hide the blocks in and under the cups.

## MEAL TIME

**Clapping**

### PAT-A-CAKE

Pat-a-cake, pat-a-cake, Baker's man,  
Bake me a cake, as fast as you can.  
Roll it, pat it, and mark it with a "B,"  
And put it in the oven, for Baby and me.

Clap and gesture to rhyme.

### IF YOU'RE HAPPY

If you're happy and you know it,  
Clap your hands.  
If you're happy and you know it,  
Clap your hands.  
If you're happy and you know it,  
Then your face will surely show it.  
If you're happy and you know it,  
Clap your hands.

Clap Baby's hands to song.



## TALKING TIME

**Tell Me A Story**

### LANGUAGE ENVIRONMENT

Talk to baby about what you are doing. Use words to describe what Baby is doing. Name family members as they play with Baby. Name toys and objects for Baby as Baby plays.

## BATH TIME

**Tickling/Body Parts**

### ROUND THE GARDEN

Round and round the garden,  
Went the Teddy Bear.  
One step, two steps,  
Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

### BABY FLEAS

Giraffes are tall.  
Birdies are small.  
But little baby fleas,  
You can't see at all!

Gesture to rhyme and make baby fleas gently tickle.

### CRISS CROSS APPLESAUCE

Criss cross applesauce,  
A cool breeze,  
A tight squeeze,  
And a tickle, tickle, tickle,  
As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

## CUDDLING TIME

**Lullaby**

### TWINKLE, TWINKLE

Twinkle, twinkle little star,  
How I wonder what you are?  
Up above the world so high,  
Like a diamond in the sky.  
Twinkle, twinkle little star,  
How I wonder what you are?