

WAKE UP TIME Bouncing and Lifting

WHO'S HERE TODAY? Tune: The Farmer in the Dell

______'s here today, _____'s here today, We're so glad that ______'s here, Let's all shout, "Hurray!" "Hurray!"

Name and lift each baby.

SO BIG

How big is _____? is soooooo big.

Name each baby and ask parent to share what's new.

WHAT'S NEW?

A BOUNCING MOUSE

A bouncing mouse is in my house. It's been here for a week. It bounced from out of nowhere. Listen to it squeak. It bounces in the kitchen. It bounces in the den. It bounces through the living room. Look! There it goes again.

Bounce Baby on knees to rhyme.

PLAY TIME Peek-a-Boo

BUSY TOYS

Play with cause and effect toys. Create a novel action and pause to see if Baby can anticipate. Encourage Baby to make something happen. Play peek-a-boo in response to Baby's action. Help Baby learn that he or she can have an effect in the world.

Clap and gesture to rhyme.

BUSY TOYS SEPTEMBER

MEAL TIME

PAT-A-CAKE

Clapping

MARY HAD A LITTLE LAMB

Pat-a-cake, pat-a-cake, Baker's man.

Roll it, pat it, and mark it with a "B,"

And put it in the oven, for Baby and me.

Bake me a cake, as fast as you can.

Mary had a little lamb, Little lamb, little lamb. Mary had a little lamb, Its fleece was white as snow.

Clap Baby's hands to nursery rhyme.



BATH TIME Tickling/Body Parts

ROUND THE GARDEN

Round and round the garden, Went the Teddy Bear. One step, two steps, Tickle under there.

Draw a circle on Baby's palm. Walk fingers up Baby's arm, then gently tickle.

LITTLE MOUSIE

See the little mousie, Creeping up the stair. Looking for a warm nest. There, oh there, oh there!

Walk fingers up Baby's body and then find a corner, like the elbow, to gently tickle.

CRISS CROSS APPLESAUCE

Criss cross applesauce, A cool breeze, A tight squeeze, And a tickle, tickle, tickle, As you please.

Draw an X on Baby's tummy. Blow on Baby's neck and tickle and hug gently.

TALKING TIME Tell Me A Story

SING AND RHYME

Sing songs to Baby. Recite nursery rhymes. Hum familiar tunes or make up a song. Hold Baby and move to the music. Make music using rattles or household items such as wooden spoons and pots or pans.

CUDDLING TIME Lullaby

LULLABY AND GOODNIGHT

Lullaby and goodnight, Sleep is softly around you. While your dreams fill your eyes, With a melody of love. Lay you down now to rest, May your slumber be blessed. Lay you down now to rest, May your slumber be blessed.

